



# Equine First Aid Kit

*We suggest the following items for your first aid kit!*

- Normal vital sign parameters (see below)
- Digital thermometer
- Stethoscope
- Banamine paste\*
- Phenylbutazone (Bute) Paste/tablets\*
- Antibiotic wound ointment (ex. Neosporin)
- Bandaging supplies
- Telfa pads
- Roll/sheet cotton
- Roll gauze
- Vetwrap
- Elastikon
- Clippers with 40 blade
- Flashlight
- Triple antibiotic eye ointment (non-steroidal)
- Eye wash
- 4 clean quilts with standing wraps (stable wraps)
- 1 package of sterile 4 x 4 gauze sponges
- Betadine or chlorhexidine solution
- Saline solution
- Latex exam gloves
- Bandage scissor
- Instant cold pack
- Poultice
- Oral electrolytes
- Dose Syringe
- Veterinarian's phone number
- Emergency contacts for veterinarians in your area of travel

## *Vital signs:*

<b>Heart Rate</b>	24-44 beats/min (adults) 80-100 beats/min (foals)
<i>The heart rate is taken low on the left side of the horse in the area of the girth just behind the elbow.</i>	
<b>Respiratory Rate</b>	8-16 breaths/min (adults) 20-60 breaths/min (foal)
<b>Temperature</b>	98-101.5° F (adults) 99-102° F (foals)
<i>Take temperature rectally &amp; lubricate with vaseline, KY jelly or saliva.</i>	
<b>Mucous Membranes</b>	Pale pink to pink in color, moist to the touch
<b>Capillary Refill Time (CRT)</b>	Less than 2 seconds

\* Banamine and Bute are prescription medications and should not be given unless directed on the phone by a veterinarian.

*In the event of illness or injury, the horse owner should be prepared to care for their horse until the veterinarian arrives. Every horse owner should have a first aid kit that should be readily available.*

