



Equine First Aid Kit

We suggest the following items for your first aid kit!

- Normal vital sign parameters (see below)
- Digital thermometer
- Stethoscope
- Banamine paste*
- Phenylbutazone (Bute) Paste/tablets*
- Antibiotic wound ointment (ex. Neosporin)
- Bandaging supplies
- Telfa pads
- Roll/sheet cotton
- Roll gauze
- Vetwrap
- Elastikon
- Clippers with 40 blade
- Flashlight
- Triple antibiotic eye ointment (non-steroidal)*
- Eye wash
- 4 clean quilts with standing wraps (stable wraps)
- 1 package of sterile 4 x 4 gauze sponges
- Betadine or chlorhexidine solution
- Saline solution
- Latex exam gloves
- Bandage scissors
- Instant cold pack
- Poultice
- Oral electrolytes
- Dose Syringe
- Veterinarian's phone number
- Emergency contacts for veterinarians in your area of travel

Vital signs:

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| Heart Rate | 24-44 beats/min (adults) 80-100 beats/min (foals) |
| <i>The heart rate is taken low on the left side of the horse in the area of the girth just behind the elbow.</i> | |
| Respiratory Rate | 8-16 breaths/min (adults) 20-60 breaths/min (foal) |
| Temperature | 98-101.5° F (adults) 99-102° F (foals) |
| <i>Take temperature rectally & lubricate with vaseline, KY jelly or saliva.</i> | |
| Mucous Membranes | Pale pink to pink in color, moist to the touch |
| Capillary Refill Time (CRT) | Less than 2 seconds |

* Banamine and Bute are prescription medications and should not be given unless directed on the phone by a veterinarian.

In the event of illness or injury, the horse owner should be prepared to care for their horse until the veterinarian arrives. Every horse owner should have a first aid kit that should be readily available.

